
The Stirring Up of the Mind to the Contemplation of the Glory of Christ

Means 1: Determine not to waste your thoughts on the carnal choices of the world.

Things Men like to Think On:

- 1) Sinful Lusts
- 2) Selfish Loves
- 3) Suitable Labors

Question: Where is the fault in thinking on these things, especially the higher and more noble pursuits?

Answer: By comparison they are shown to have no lasting glory in themselves.

Means 2: Study the Scripture in exercising faith in its divine revelations of Christ.

Three Ways Scripture Represents Christ's Glory

1. Description
2. Promise
3. Representation

Means 3: Discipline yourself in meditation on the glory of Christ you find set forth in the Word of God.

Reasons People Refuse Meditation:

1. Carnality
2. Ignorance
3. Apathy
4. Judgement

Means 4: Seize every opportunity to think on Christ as if you may never have it given you again.

Consider 1: The proximity of the Lord's presence.

Consider 2: The intimacy of his presence.

Consider 3: The duty regarding his presence.

Consider 4: The necessity of his presence.

Means 5: Join to your thoughts of Christ an attitude and posture of thankful worship.